



# WEEKDAYS

*Multi-Generational Discipleship Ministries*

**PRESCHOOL  
& KIDS**



**MIDDLE & HIGH  
SCHOOL STUDENTS**



**ADULTS**

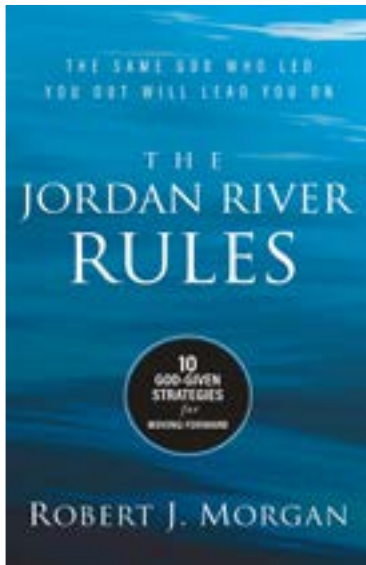


**FOREST HILLS**  
BAPTIST CHURCH

**FALL 2021**  
AUGUST-OCTOBER



These groups are short-term, topic-driven studies designed to help us become more like Christ in attitude and action. They're a great way to meet new people, deepen relationships with friends and grow closer to God. **Registration is required for all groups at [fhbc.org/weekdays](http://fhbc.org/weekdays)** unless otherwise noted.



## COED ADULTS

### THE JORDAN RIVER RULES BY ROBERT J. MORGAN

Led by Ted Murphy

Wednesdays beginning August 11 | 6-7pm | Fellowship Hall | \$15

*But do you know God parted the waters for His people a second time?* Forty years after the Red Sea experience, God divided the swollen waters of the Jordan River and led His people into the Promised Land He had prepared for them. Welcome to *The Jordan River Rules*. God intends for you to go forward. Everything so far in your life—including your Red Sea moments of crisis—is simply God's preparation for stronger days ahead. Perhaps you've survived your own Red Sea experiences because of God's help. Now it's time to move onward toward all the promises He has given you—the Promised Land of a rewarding future. The same God who led you out will lead you on. (Some homework)



### 1 TO 1 - LEADERSHIP MENTORING FOR YOUNG PROFESSIONALS

Coordinated by Matt Longworth  
Wednesdays beginning August 11  
6-7pm | C101 | No Cost

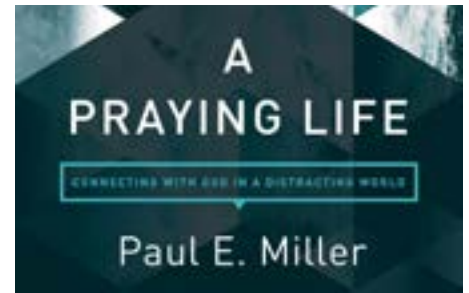
This fall we are starting a new discipleship initiative where we bring together seasoned leaders from a variety of fields to mentor some of our young professionals. The nine weeks will be a small group experience that also features thirty minutes of one-on-one mentoring. (Some homework)



### GETTING TO THE HEART OF PARENTING BY PAUL DAVID TRIPP

Led by Chad & Courtney Mize and Travis & Rebecca Walters  
Wednesdays beginning August 11  
6-7pm | Chapel | No Cost

Parenting is hard, but there are few things in life that rise to this level of importance. God has chosen parents to be primary instruments in the shaping of a human soul. Join Dr. Tripp on a 9-session journey through the Bible to discover a different and better way to parent. After laying down foundational parenting principles, Tripp covers specific application for children 0-5, 6-12, and 13-18. (Video teaching with small group discussion)



### A PRAYING LIFE: CONNECTING WITH GOD IN A DISTRACTING WORLD BY PAUL E. MILLER

Led by Bob & Judy Haynes  
Wednesdays beginning August 11  
6-7pm | C202 | \$10

Author Paul E. Miller shares his insights and conclusions about how to connect the broken pieces of your life and allow prayer—even poorly delivered—to fill the gaps with meaning and substance. Miller's down-to-earth approach and practical nature will help you see that your relationship with God can grow and your communication with Him can get better. Parents will find Miller's family-life experiences especially helpful.



## DIVORCECARE

Led by Barney Self

Wednesdays beginning August 11 | 6-8pm

In-person (B116) or via Zoom | Register at [fhbc.org/care](https://fhbc.org/care)

DivorceCare is a free, 13-week seminar and support group that will help you heal from the hurt of separation and divorce. It's a warm, caring environment led by people who understand what you're going through. You'll learn practical information that will help you deal with the challenges of divorce. Best of all, you will gain hope for the future!



## GRIEFSHARE

Led by Barney Self

Sundays beginning August 8 | 3-5pm

In-person (B116) or via Zoom | Register at [fhbc.org/care](https://fhbc.org/care)

GriefShare is a free, 13-week seminar and support group designed to help you rebuild your life after losing a loved one. Here, you'll find a caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone.

# MEN



## THE BOOK OF REVELATION

Led by Jeff Vann

Fridays | 6-7:30am (breakfast at 6am & study at 6:30am)

No Registration | Fellowship Hall | No Cost

Ever wonder how God concludes humanity's history and once again makes everything His-story? This exhaustive but simple study of Revelation 4 to 22 will make the eschaton (last things) come to life in a palatable and digestible way of study. Get out of bed and join us, or watch live online at our Men's Ministry Facebook page - [facebook.com/FHBCMensMinistry](https://facebook.com/FHBCMensMinistry).

# YOUNG ADULTS



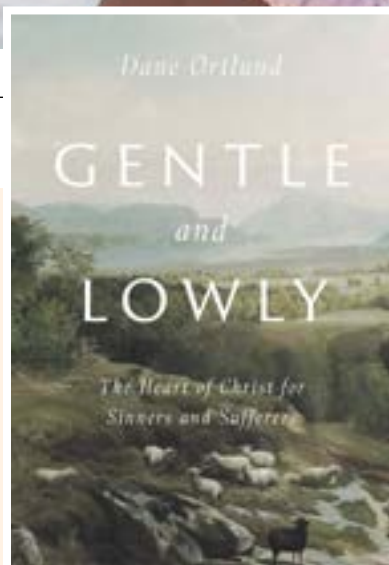
## YOUNG SINGLES COMMUNITY GROUP

Sundays | 6-8pm

Location varies | No Cost

Each Sunday evening, we'll meet for a free dinner, enjoy Bible study, make friends and dive into engaging discussion with other singles in their 20s and 30s. Learn more by emailing [youngadults@fhbc.org](mailto:youngadults@fhbc.org) or by visiting [fhbc.org/youngadults](https://fhbc.org/youngadults).

# WOMEN



## **GENTLE & LOWLY: THE HEART OF CHRIST FOR SINNERS AND SUFFERERS**

BY DANE ORTLUND

**Led by Julie Garrison**  
**Wednesdays beginning August 11**  
**10-11:30am | C101 | \$20**  
**Childcare available**

Christians can easily feel that Jesus is perpetually disappointed and frustrated, maybe even close to giving up on them. They know what Christ has done for them—but who is he? How does he feel about his people amid all their sins and failures? In this study, we will dive into Bible passages that speak of Christ's affections for sinners and that encourage believers as they journey, weary and falter toward heaven. (Homework)

## WEDNESDAY AM

Join us each Wednesday morning for a breakfast fellowship time at 9:30am in the Atrium.



### **BACK TO THE BASICS**

**Led by Nancy Dunn and Meg Moore**  
**Wednesdays beginning August 11**  
**10-11:30am | A203 | No Cost | Childcare available**

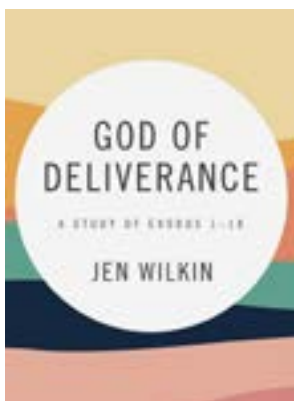
Join Nancy and Meg as they go "Back to the Basics." During the group time you will talk about church history, salvation, sharing your faith with people from other religious backgrounds, how we got the Bible, and more! This class is discussion-based. (No homework)



### **FEARLESS MOM**

**Led by Elizabeth Webb and Molly Drew**  
**Wednesdays beginning September 8**  
**10-11:30am | C103 | No Cost | Childcare available**

Do you want to be encouraged and fully equipped in your role as a mother? Are you looking for practical tools for everyday parenting? No matter where you are in your mom-journey, Fearless Mom is a judgment-free zone where you can connect with other moms and become the mom God created you to be. (No homework)



### **GOD OF DELIVERANCE** BY JEN WILKIN

**Led by Jenna Pautienus and Courtney Mize**  
**Wednesdays beginning August 11**  
**10-11:30am | C100 | \$15 | Childcare available**

The exodus of the Israelites shapes our understanding of the whole Bible, its themes reverberating all the way to Revelation. This study shows us that Israel's story is our story: the same God who delivered Israel also delivers all those he loves from slavery to sin and from service to the pharaohs of this world. He lifts our eyes to the promised land he has prepared where we dwell with and worship him as the one true God. (Homework)



**TRUTH FILLED**  
BY RUTH CHOU SIMONS

Led by Brooke Elrod and Heidi Beall

Wednesdays beginning August 11 | 6-7pm | C103 | \$15 | Childcare available

No one plans to wrestle with their identity in Christ, to struggle to love others, to feel lonely, or to feel helpless. Yet we often find ourselves in these seasons, struggling to embrace the gospel hope we need to fill our discouraged souls. In every changing season of life, we can rest in God's character, rehearse our identity in Christ, respond in faith, and remember God's provision for us. In today's culture, there's no shortage of self-help, easy fixes, and worldly advice, but it's only the truth of God's Word that is meant to fill you up and satisfy you fully. (Homework)

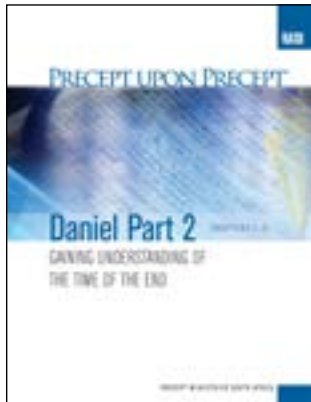
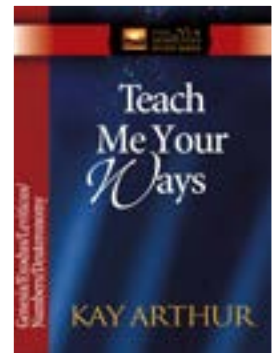
**TEACH ME YOUR WAYS: GENESIS/EXODUS/ LEVITICUS/NUMBERS/DEUTERONOMY**

BY KAY ARTHUR

Led by Shawn Lantz

Wednesdays beginning August 11  
6-7pm | C100 | \$10

In this ongoing study, Shawn Lantz will teach through the Pentateuch. The study provides an intimate knowledge of God and his incomparable ways. Observing his relationship with his chosen people, Israel, you will learn how to live through Christ each day. (Homework)



**DANIEL (PRECEPTS): GAINING UNDERSTANDING OF THE TIME OF THE END**

Led by Susie Swafford

Thursdays beginning September 9 | 9:30-11:30am | C100 | \$10

No registration | Email [nan.dodd@fhbc.org](mailto:nan.dodd@fhbc.org) if you need a book.

Daniel was a man who knew what God said about the end times. He focused on what God said, not the events of his own time. He had an impact on the people that God placed in his life. How do you live as a Daniel in the crucial days in which you find yourself? How can you dare to be different? How do you get to know God Most High? The Book of Daniel has the answers. Part 1 is not a prerequisite to Part 2.

**ENCOURAGEMENT**

**“GOD WANTS US TO GROW IN OUR RELATIONSHIP WITH HIM AND AS A CHURCH, WE ARE DEEPLY COMMITTED TO CREATING MULTI-GENERATIONAL OPPORTUNITIES FOR SPIRITUAL GROWTH TO TAKE PLACE. DON'T MISS YOUR OPPORTUNITY TO GROW IN YOUR FAITH THIS FALL AT FOREST HILLS!”**

JAY HARDWICK, SENIOR PASTOR





# CHURCHWIDE FELLOWSHIP MEAL

Wednesdays | 5-6pm | Fellowship Hall

Adults/Students: \$5 | Children ages 4-12: \$3

Children 3 and Under: FREE (Max \$15/family)

Access Weekly Meal Menu at [fhbc.org/weekdays](http://fhbc.org/weekdays) or the FHBC mobile app.

Please note: Menus are subject to change.

## PRESCHOOL & KIDS

# DiscipleU

### FOLLOWING JESUS THROUGH MUSIC AND MISSIONS

Kids will grow as disciples for Christ through Kid's Worship Choirs, hands-on missions projects and more! We'll also have fun and be challenged to learn more about what worship is, have opportunities to lead in Sunday worship services and grow as worshippers on mission in our everyday lives.



**INFANTS - 3 YEAR OLDS**  
Wednesdays beginning August 11  
5:45-7:15pm | Preschool Hallway

Our childcare experience is filled with love and includes playtime, music and games, and other special activities that are designed for our young ones.



**4 YEAR OLDS & PRE-K**  
Wednesdays beginning August 11  
5:45-7:15pm | Preschool Hallway

This fall, preschoolers will learn about Jesus through interactive worship and activities! Plus, we'll have a lesson each week about how God created us to worship Him and love others!



**KIDS (KINDER - 5TH GRADE)**  
Wednesdays beginning August 11  
6-7:15pm | Children's Hallway

We'll play games, worship together and learn more about being on mission in Tennessee and around the world. Kids will have fun and be challenged to learn more about what worship is and how to be worshippers in our everyday lives.

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## FHBC STUDENTS

MATTHEW 18:12

**6TH - 12TH GRADE**  
Wednesdays beginning August 11  
6-7:15pm | Student Center

This is our mid-week gathering for Middle School and High School students - a time filled with fun games, random surprises, and messages from God's Word. We'll discuss relevant topics and issues students face in their everyday lives through the lens of Scripture.



# ENRICHMENT CENTER

## Digging Deeper

1 O N 1

Are you open to growing deeper in your relationship with Jesus and with your family and friends? Digging Deeper 1 on 1 is an experience you can enjoy alone or with a friend, a spouse, or your child. This experience comes in many forms as you grow deeper by:

- *Reading the Bible and faith-based books together*
- *Watching a DVD or listening to worship music*
- *Sharing your own faith stories with each other*

Our DiscipleLife+ and Enrichment Center ministries want to encourage and assist you as you continue your journey with Christ, your family, and your friends.



1. Visit our website for the details: [fhbc.org/enrichmentcenter](http://fhbc.org/enrichmentcenter)
2. Search our online catalog of books for all ages: Fiction and Non-fiction
3. Select books, DVDs, and audiobooks on our online catalog to make a reservation to pick up in the Enrichment Center
4. Our new hours:

Mondays-Fridays	8am–4:30pm (Self-Checkout)
Sundays	7:45–10:30am (Self-Checkout) 10:30am–12:30pm
Wednesdays	4:30–7:15pm
5. The Enrichment Center is located between the Atrium and Fellowship Hall.

# REFERENCE GUIDE

DAY	TIME	START DATE	CLASS	LOCATION
SUN	3pm	August 8	GriefShare	B116
	6pm	Ongoing	Young Singles Community Group	Various Locations
WED	9:30am	August 11	Women's Breakfast Fellowship	Atrium
	10am	August 11	Back to the Basics	A203
	10am	September 8	Fearless Mom	C103
	10am	August 11	Gentle & Lowly	C101
	10am	August 11	God of Deliverance	C100
	5:45pm	August 11	DiscipleU (Infants – 3 year olds)	Preschool Hallway
	5:45pm	August 11	DiscipleU (4 year olds & Pre-K)	Preschool Hallway
	6pm	August 11	DiscipleU (K – 5 <sup>th</sup> Grade)	Children's Hallway
	6pm	August 11	CONNECT (6 <sup>th</sup> – 12 <sup>th</sup> Grade)	Student Center
	6pm	August 11	Jordan River Rules	Fellowship Hall
	6pm	August 11	1 to 1 Leadership Mentoring	C101
	6pm	August 11	Parenting	Chapel
	6pm	August 11	Praying Life	C202
	6pm	August 11	DivorceCare	B116
	6pm	August 11	TruthFilled	C103
	6pm	August 11	Teach Me Your Ways	C100
THURS	9:30am	September 9	Precepts: Daniel	C100
FRI	6am	Ongoing	Revelation	Fellowship Hall

■ ALL ADULTS
 ■ MEN
 ■ WOMEN
 ■ YOUNG ADULTS
 ■ STUDENTS
 ■ KIDS
 ■ PRESCHOOL