



WEEKDAYS

Multi-Generational Discipleship Ministries

**PRESCHOOL
& KIDS**



**MIDDLE & HIGH
SCHOOL STUDENTS**

CONNECT

ADULTS



**Disciple
Life+**
All Church
Of Central
Illinois



FOREST HILLS
BAPTIST CHURCH

WINTER 2021
JANUARY-MARCH

COED ADULTS



YOUR TIME-STARVED MARRIAGE BY DRS. LES AND LESLIE PARROTT

Led by Rob & Jenna Pautienus

WED | Begins January 27 | 6-7:15pm | Chapel | \$10

As a couple, the moments you miss together are irreplaceable, gone forever. In a small group setting, you will hear from Les and Leslie Parrott as they share insights into managing the priceless resource of time as a couple. You will learn how to reclaim the time you've been missing and how to maximize the moments you have together. It's not about being more productive; it's about being more connected. Each week includes small group discussion along with video segments from *Your Time-Starved Marriage*, both designed to strengthen your marriage and maximize the moments you have together. Small groups will be led and facilitated by mentoring couples. (Workbook with video segment & discussion)



1 TO 1 - LEADERSHIP MENTORING FOR YOUNG PROFESSIONALS

**WED | Begins January 27
6-7:15pm | C101 | No Cost**

This winter we are starting a new discipleship initiative where we bring together seasoned leaders from a variety of fields to mentor some of our young professionals. The seven weeks will be a small group experience that also features thirty minutes of one-on-one mentoring. (Some homework)



LIVING WITH ASSURANCE - JOHN'S EPISTLES

**Led by Bill Gruenewald
WED | Begins January 27
6-7pm | Fellowship Hall | \$10**

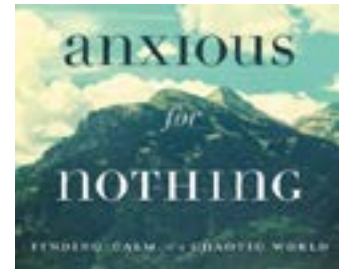
The focus of this study is on how a person's understanding of Jesus impacts his/her daily life in practical ways. False teachers with an incomplete understanding of Jesus as both human and deity have sought to mislead believers and continue to seek to do so today. Believers will come to understand that they can live with assurance of their eternal life by living in light of their relationship with Jesus.



FINANCIAL PEACE UNIVERSITY BY DAVE RAMSEY

**Led by Dr. Jeff Bowden
WED | Begins January 27
6-7:15pm | C100 | \$90**

What if you were following a plan for your money that you knew worked? With this study, you can take control of your finances, get out of debt, and create a plan for your future that includes insurance, college and retirement planning, real estate, mortgages, etc. (DVD homework)



OVERCOMING STRESS & ANXIETY IN A COVID WORLD

**Led by Dr. Carol Smith
WED | Begins January 27
6-7:15pm | B214 | \$10**

In this study featuring Max Lucado, we will explore God's promise in Philippians 4:4-8 which shows that while anxiety is part of life, it doesn't have to dominate life. We'll follow God's prescription for worry, celebrate His goodness, ask for help, leave concerns with Him, and meditate on good things, so we will experience His peace. We will also utilize other appropriate and practical materials to help overcome anxiety. (Short video segments with group discussion)



MEN

DICHOTOMIES AND DISCIPLESHIP

Led by Nathan Moore
WED | Begins January 27
6-7:15pm | C203 | No Cost

Following Christ requires believers to wrestle with deep truths. Often these truths appear to be contradictions. Seeking clarity on these matters can help us have a better understanding of God and the realities of a living faith.

A LOOK AT THE GOSPEL OF JOHN

Led by Larry Thrailkill
Fridays 6-7:30am (breakfast at 6am & study at 6:30am)
Fellowship Hall | No Cost

The Apostle John stated in 20:31, “These are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing, you may have life in His name.” Over 10 weeks, we will explore key chapters in this important Gospel with a focus on daily application for life. Tune in from home via Facebook Live – visit fhbc.org/men.

YOUNG ADULTS

YOUNG SINGLES COMMUNITY GROUP

Sundays in January & February
6-8pm | C100 | No Cost

Bring a Bible and a friend and meet us each week for a free dinner and an engaging discussion on 1, 2, and 3 John. Email youngadults@fhbc.org for more details.



WOMEN



IT'S NOT SUPPOSED TO BE THIS WAY: FINDING UNEXPECTED STRENGTH WHEN DISAPPOINTMENTS LEAVE YOU SHATTERED

Led by Julie Bolles
MON | Begins January 25 (7 weeks)
6-7:30pm | Online via Zoom
Order workbook online at Amazon

Life often looks so very different than we hoped or expected. Some events may simply catch us off guard for a moment, but others shatter us completely. We feel disappointed and disillusioned, and we quietly start to wonder about the reality of God's goodness. Lysa TerKeurst understands this deeply. But she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God. Lysa invites us into her own journey of faith with grit, vulnerability, and honest humor.

ONLINE GROUPS

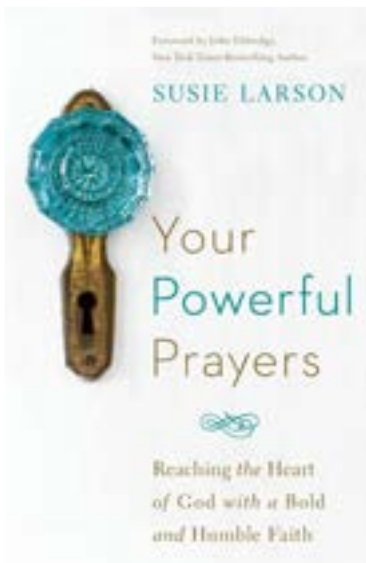
ELIJAH: FAITH AND FIRE

Led by Judy Haynes
TUES | Begins February 9 (7 weeks)
6:30-7:45pm | Online via Zoom
Order workbook online at Amazon



Blinded by the remarkable narratives of our biblical heroes, we can forget they each had a backstory—months and years of development, even difficulty, which fortified their spiritual muscle and prepared them for the tasks that made their lives unforgettable. How do we summon up the kind of boldness and faith that can stand firm and pray down heaven into impossible situations? How willing are we to go through the process required to get us there? How can we develop the faith and fire of Elijah?





YOUR POWERFUL PRAYERS: REACHING THE HEART OF GOD WITH A BOLD AND HUMBLE FAITH

Led by Jennifer Ogg & Rebecca Blankenship
WED | Begins January 27 (7 weeks)
6-7:15pm | C202 | \$10

Prayer isn't merely a means to an end. It's an invitation to know God intimately and have a profound dialogue with him. This study isn't primarily a "how to" book but an opportunity to accept and embrace the fierce love that God has for us. As we experience God's presence, he strengthens our faith, encourages our hearts, and shifts our perspectives as we overflow with bold and humble prayers.



FAITH THAT MAKES A DIFFERENCE

Taught by Pamela Hall
Small Groups led by Jenna Pautienus, Courtney Mize, & Julie Garrison
WED | Begins January 27 (9 weeks)
10-11:30am | C103 | No cost

We find ourselves in a world that has seemingly gone mad as conflict and unrest dominate our cultural landscape. Called to live and navigate life in this unprecedented time, where do we as Christ-followers find direction and hope? How do we carry out this calling on our lives? We practice a faith that makes a difference. Join us as we search the book of Colossians for answers to today's issues. (Homework)



FEARLESS MOM

Led by Elizabeth Webb & Molly Drew
WED | Begins January 27 (7 weeks)
10-11:30am | C100 | No Cost

Do you want to be encouraged and fully equipped in your role as a mother? Are you looking for practical tools for everyday parenting? No matter where you are in your mom-journey, Fearless Mom is a judgment-free zone where you can connect with other moms and become the mom God created you to be. (No homework)

REVELATION

Led by Nancy Dunn & Meg Moore
WED | Begins January 27 (15 weeks)
10-11:30am | Chapel I | No Cost

Join us as we continue our study of Revelation and learn about God's holy judgment and the certainty of His grace in Christ Jesus. (No homework)



TEACH ME YOUR WAYS: GENESIS/EXODUS/LEVITICUS/NUMBERS/DEUTERONOMY (PRECEPT STUDY)

Led by Shawn Lantz
WED | Begins January 13 (16 weeks)
6-7:15pm | Connection Center | \$10

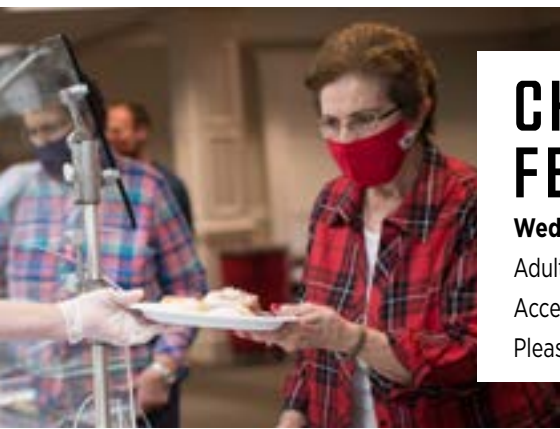
In this ongoing study, Shawn Lantz will teach through the Pentateuch. The study provides an intimate knowledge of God and his incomparable ways. Observing his relationship with his chosen people, Israel, you will learn how to live through Christ each day. (Homework)



LIVING OUT A BIBLICAL WORLDVIEW: DANIEL (PRECEPTS)

Led by Susie Swafford
THURS | Begins March 4
9:30-11:30am | C100 | \$10
No Childcare Provided

Threatened with death, Daniel stuck to his guns and refused to adopt a pagan lifestyle. His worldview had God at the center and he lived it out even under extreme pressure to change. Learn to adopt a biblical worldview and adhere to it even when it's not the norm. Email nan.dodd@fhbc.org if you need a book.



CHURCHWIDE FELLOWSHIP MEAL

Wednesdays | 5-6pm | Fellowship Hall

Adults/Students: \$5 | Children ages 4-12: \$3 | Children 3 and Under: FREE (Max \$15/family)

Access Weekly Meal Menu at fhbc.org/weekdays or the FHBC mobile app.

Please note: Menus are subject to change.



INFANTS - 3 YEAR OLDS

WED | 5:45-7:15pm | Preschool Hallway

Our childcare experience is filled with love and includes playtime, music and games, and other special activities that are designed for our young ones.

4 YEAR OLDS & PRE-K

WED | 5:45-7:15pm | Preschool Hallway

This fall, our children are going to "Keep on Singing" about God and learning Scripture through song, Scripture memory, and activities. Each week we'll be learning a new song and applying those truths to our lesson and activity!

KIDS (KINDER - 5TH GRADE

WED | 6-7:15pm | Children's Hallway

We'll play games, worship together with Matt Longworth and Wayne Causey, and learn more about being on mission in Tennessee and around the world. Kids will have fun and be challenged to learn more about what worship is and how to be worshippers in our everyday lives.



CONNECT

6th - 12th Grade | WED | 6-7:15pm | Student Center

This is our midweek gathering for Middle School and High School students – a time filled with fun games, random surprises, and life talks about God's word. We'll discuss relevant topics and issues students face in their everyday lives through the lens of Scripture.

ENRICHMENT CENTER

Digging Deeper

1 O N 1

Are you ready for something different? We have it! Digging Deeper 1 on 1 is something new for DiscipleLife+. Did you find while at home that you enjoyed a deeper relationship with Christ as you had all that extra time? That's what we call Digging Deeper 1. Or did you discover extra time to read the Bible, a book, or watch a video with a friend, your spouse, or your child? That's what we call Digging Deeper 1 on 1.

Our DiscipleLife+ and Enrichment Center ministries want to encourage and help you to continue those deeper experiences.



1. Visit our website for the details: fhbc.org/enrichmentcenter
2. Search our online catalog of books for all ages: Fiction and Non-fiction
3. Select books, DVDs, and audiobooks on our online catalog to make a reservation to pick up in the Enrichment Center or curbside at your convenience.
4. Our new hours:

Sundays	10:45-11:30am
Wednesdays	9:30am-12pm
Wednesdays	4:30-7:15pm
5. The Enrichment Center is located between the Atrium and Fellowship Hall. Curbside pickup takes place at the D Door by the Preschool playground.

REFERENCE GUIDE

DAY	TIME	START DATE	CLASS	LOCATION
SUN	6-8pm	Ongoing	Young Singles Community Group	C100
MON	6-7:30pm	January 25	It's Not Suppose to Be This Way	Online via Zoom
TUES	6-7:45pm	February 9	Elijah: Faith and Fire	Online via Zoom
WED	10-11:30am	January 27	Faith that Makes a Difference	C103
	10-11:30am	January 27	Fearless Mom	C100
	10-11:30am	January 27	Revelation	Chapel
	5:45-7:15pm	January 27	Worship On Wednesdays (Infants - 3 Yr Olds)	Preschool Hallway
	6-7:15pm	January 27	Worship On Wednesdays (4 Yr Olds & Pre-K)	Preschool Hallway
	6-7:15pm	January 27	Worship On Wednesdays (K - 5 th Grade)	Children's Hallway
	6-7:15pm	January 27	CONNECT (6 th - 12 th Grade)	Student Center
	6-7:15pm	January 27	The Time-Starved Marriage	Chapel
	6-7:15pm	January 27	1 to 1 - Leadership Mentoring for Young Professionals	C101
	6-7pm	January 27	Living with Assurance - John's Epistles	Fellowship Hall
	6-7:15pm	January 27	Financial Peace University	C100
	6-7:15pm	January 27	Overcoming Stress & Anxiety in a Covid World	B214
	6-7:15pm	January 27	Dichotomies and Discipleship	C203
	6-7:15pm	January 27	Your Powerful Prayers	C202
	6-7:15pm	January 13	Teach Me Your Ways	Connection Center
THURS	9:30-11:30am	February 4	Living Out a Biblical Worldview: Daniel (Precepts)	C100
FRI	6-7:30am	Ongoing	A Look at the Gospel of John	Fellowship Hall

■ ALL ADULTS
 ■ MEN
 ■ WOMEN
 ■ YOUNG ADULTS
 ■ STUDENTS
 ■ KIDS
 ■ PRESCHOOL